

# 2026 CANADIAN MASTERS CHAMPIONSHIPS

 BOURGEOIS COMMUNITY CENTRE

 2026-06-19

 MIDLAND

**ORGANIZER**  
**DRIVEN BARBELL**



## START LIST

OPENING CEREMONIES / CÉRÉMONIES D'OUVERTURE

9:00 - 9:15

| START | LOT | LAST NAME | FIRST NAME | PROVINCE | BORN | CAT. | ENTRY TOTAL |
|-------|-----|-----------|------------|----------|------|------|-------------|
|-------|-----|-----------|------------|----------|------|------|-------------|

**SESSION M1**  **WEIGH-IN TIME: 2026-06-19 07:15**  **START TIME: 2026-06-19 09:15**

| M55, M60 |     |                  |           |      |      |         |     |
|----------|-----|------------------|-----------|------|------|---------|-----|
| 1        | 196 | <b>ALLAHYARI</b> | Behzad    | ☙ QC | 1964 | M60 65  | 128 |
| 2        | 90  | <b>BRISSON</b>   | Henri     | ☙ QC | 1965 | M60 70  | 138 |
| 3        | 39  | <b>BOSHUCK</b>   | William   | ☙ QC | 1963 | M60 85  | 152 |
| 4        | 157 | <b>DOUCETTE</b>  | Gregory   | ☘ NB | 1965 | M60 85  | 148 |
| 5        | 205 | <b>BILODEAU</b>  | Alain     | ☙ QC | 1966 | M60 85  | 200 |
| 6        | 89  | <b>MCAULIFFE</b> | Tim       | ☙ ON | 1965 | M60 95  | 151 |
| 7        | 105 | <b>WHITAKER</b>  | Blaine    | ▲ AB | 1963 | M60 110 | 131 |
| 8        | 158 | <b>SANDERSON</b> | Tim       | ☙ ON | 1964 | M60 110 | 180 |
| 9        | 160 | <b>LY</b>        | Thanh Tin | ☙ QC | 1971 | M55 65  | 167 |
| 10       | 38  | <b>DAOUST</b>    | Dominic   | ☙ QC | 1971 | M55 75  | 144 |
| 11       | 71  | <b>CAOUCETTE</b> | Claude    | ☙ QC | 1971 | M55 75  | 195 |
| 12       | 24  | <b>BILODEAU</b>  | Sylvain   | ☙ QC | 1970 | M55 85  | 157 |
| 13       | 37  | <b>VLAHOS</b>    | George    | ☙ ON | 1969 | M55 85  | 134 |
| 14       | 55  | <b>BOUGIE</b>    | Martin    | ☙ QC | 1970 | M55 85  | 165 |
| 15       | 170 | <b>BYBLOW</b>    | Leigh     | ▲ BC | 1970 | M55 85  | 187 |

**SESSION F1**  **WEIGH-IN TIME: 2026-06-19 10:00**  **START TIME: 2026-06-19 12:00**

| W65, W70, W75 |     |                  |         |      |      |        |    |
|---------------|-----|------------------|---------|------|------|--------|----|
| 1             | 122 | <b>JUDY</b>      | Quinn   | ☙ ON | 1948 | W75 69 | 55 |
| 2             | 156 | <b>POPLAWSKI</b> | Tina    | ☙ ON | 1956 | W70 53 | 55 |
| 3             | 137 | <b>HARVEY</b>    | Heather | ☙ ON | 1956 | W70 61 | 48 |
| 4             | 61  | <b>LANDER</b>    | Karen   | ☙ ON | 1954 | W70 69 | 54 |
| 5             | 93  | <b>STEWART</b>   | Ruth    | ▲ BC | 1954 | W70 69 | 71 |
| 6             | 130 | <b>TONUS</b>     | Fern    | ☙ ON | 1958 | W65 53 | 73 |
| 7             | 144 | <b>CHISHOLM</b>  | Heather | ▲ BC | 1959 | W65 57 | 68 |
| 8             | 165 | <b>ROBSON</b>    | Frances | ☙ SK | 1959 | W65 57 | 77 |
| 9             | 147 | <b>HAZELWOOD</b> | Judy    | ▲ BC | 1960 | W65 61 | 59 |
| 10            | 171 | <b>SMANDYCH</b>  | Kathryn | ☙ MB | 1957 | W65 61 | 69 |
| 11            | 49  | <b>DAVIAU</b>    | Karla   | ☙ ON | 1961 | W65 69 | 86 |

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## START LIST



### SESSION M2 ⌚ WEIGH-IN TIME: 2026-06-19 12:00 ⌚ START TIME: 2026-06-19 14:00

M65, M70, M75, M80

|    |     |                  |             |      |      |         |     |
|----|-----|------------------|-------------|------|------|---------|-----|
| 1  | 99  | <b>DESMARAIS</b> | Jacques     | ♣ QC | 1946 | M80 75  | 73  |
| 2  | 91  | <b>SWEENEY</b>   | Ron         | △ BC | 1951 | M75 75  | 92  |
| 3  | 179 | <b>GOMES</b>     | Mark        | ♣ ON | 1951 | M75 75  | 96  |
| 4  | 104 | <b>ARMSTRONG</b> | Laurie      | △ BC | 1947 | M75 85  | 90  |
| 5  | 167 | <b>DOUGLAS</b>   | Iain        | ♣ ON | 1949 | M75 110 | 103 |
| 6  | 162 | <b>CARIGNAN</b>  | Yves        | ♣ QC | 1952 | M70 70  | 119 |
| 7  | 127 | <b>DESROCHES</b> | David       | ♣ ON | 1954 | M70 95  | 100 |
| 8  | 103 | <b>BESSEY</b>    | Alan        | △ BC | 1953 | M70 110 | 128 |
| 9  | 153 | <b>ALLAN</b>     | Bill        | ♣ ON | 1957 | M65 65  | 102 |
| 10 | 132 | <b>SMITH</b>     | Christopher | ♣ ON | 1960 | M65 75  | 144 |
| 11 | 111 | <b>GAUDRY</b>    | Gary        | ⚓ NS | 1960 | M65 85  | 145 |
| 12 | 45  | <b>NORMAND</b>   | Jocelyn     | ♣ QC | 1960 | M65 95  | 190 |

### SESSION F2 ⌚ WEIGH-IN TIME: 2026-06-19 14:20 ⌚ START TIME: 2026-06-19 16:20

W55, W60

|    |     |                   |            |      |      |        |     |
|----|-----|-------------------|------------|------|------|--------|-----|
| 1  | 1   | <b>TAMAOKI</b>    | Tomoko     | ♣ ON | 1962 | W60 53 | 68  |
| 2  | 26  | <b>BLACKHURST</b> | Alison     | ♣ ON | 1966 | W60 53 | 82  |
| 3  | 141 | <b>LARIVIÈRE</b>  | Martine    | ♣ QC | 1965 | W60 53 | 75  |
| 4  | 21  | <b>QUILTY</b>     | Maureen    | ♣ ON | 1966 | W60 57 | 93  |
| 5  | 32  | <b>CROTEAU</b>    | Manon      | ♣ QC | 1965 | W60 57 | 100 |
| 6  | 124 | <b>GUÉNETTE</b>   | Sylvie     | ♣ ON | 1966 | W60 69 | 104 |
| 7  | 74  | <b>BARBER</b>     | Patricia   | ♣ ON | 1965 | W60 86 | 111 |
| 8  | 203 | <b>BEAUMONT</b>   | Julie      | ♣ QC | 1971 | W55 57 | 102 |
| 9  | 75  | <b>LEMIEUX</b>    | Lisa       | ♣ ON | 1967 | W55 61 | 77  |
| 10 | 145 | <b>ZIRKLE</b>     | Molly      | ♣ ON | 1967 | W55 61 | 100 |
| 11 | 62  | <b>WASYLIW</b>    | Lynne      | ♣ ON | 1970 | W55 69 | 80  |
| 12 | 66  | <b>HALL</b>       | Erica      | ♣ ON | 1971 | W55 69 | 102 |
| 13 | 69  | <b>PTOLEMY</b>    | Marg       | ♣ ON | 1971 | W55 69 | 85  |
| 14 | 88  | <b>PHILLIPS</b>   | Marguerite | ⚓ NS | 1971 | W55 69 | 95  |
| 15 | 117 | <b>SMITH</b>      | Kathy      | ♣ ON | 1970 | W55 69 | 100 |

LIFETIME ACHIEVEMENT AWARD PRESENTATION / PRÉSENTATION DU PRIX HOMMAGE POUR L'ENSEMBLE DES RÉALISATIONS

18:30 - 18:40

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## START LIST

 WEIGH-IN TIME: 2026-06-19 16:40

 START TIME: 2026-06-19 18:40


### SESSION M3

M50, M55

|    |     |               |               |              |      |         |     |
|----|-----|---------------|---------------|--------------|------|---------|-----|
| 1  | 78  | CONNOR        | Marc          | BC           | 1970 | M55 95  | 176 |
| 2  | 106 | CRANE         | Jamie         | ON           | 1967 | M55 95  | 195 |
| 3  | 28  | BRASSARD      | Sebastien     | QC           | 1971 | M55 110 | 190 |
| 4  | 30  | VANWYNSBERGHE | Brad          | ON           | 1970 | M55 110 | 205 |
| 5  | 98  | BATTISTA      | Danny         | ON           | 1967 | M55 110 | 165 |
| 6  | 146 | MAILLÉ        | Eric          | QC           | 1971 | M55 110 | 144 |
| 7  | 22  | GAUTHIER      | Jason         | ON           | 1974 | M50 75  | 202 |
| 8  | 3   | TASNADI       | Istvan Attila | NB           | 1976 | M50 85  | 206 |
| 9  | 23  | GOSSELIN      | Danny         | ON           | 1972 | M50 85  | 185 |
| 10 | 53  | BOHONIS       | Christopher   | MB           | 1972 | M50 85  | 193 |
| 11 | 138 | OGLETREE      | Glenn         | ON           | 1976 | M50 85  | 193 |
| 12 | 44  | ADAMS         | David         | NEWFOUNDLAND | 1974 | M50 95  | 223 |
| 13 | 83  | GAULT         | Thorin        | ON           | 1973 | M50 95  | 241 |
| 14 | 155 | HARDING       | Dave          | ON           | 1974 | M50 95  | 205 |
| 15 | 43  | SANDHU        | Mohan         | ON           | 1976 | M50 110 | 220 |
| 16 | 54  | VANDEWEGHE    | Craig         | ON           | 1976 | M50 110 | 243 |
| 17 | 169 | GREENE        | Neil          | NEWFOUNDLAND | 1974 | M50 110 | 200 |
| 18 | 208 | PELLETIER     | David         | QC           | 1975 | M50 110 | 181 |

### SESSION F3

 WEIGH-IN TIME: 2026-06-20 07:00

 START TIME: 2026-06-20 09:00

W50, W55

|    |     |            |           |    |      |         |     |
|----|-----|------------|-----------|----|------|---------|-----|
| 1  | 191 | WALDMAN    | Cindy     | ON | 1968 | W55 77  | 106 |
| 2  | 199 | DONALDSON  | Kelly     | ON | 1968 | W55 86  | 110 |
| 3  | 8   | LEE        | Melissa   | ON | 1970 | W55 86+ | 97  |
| 4  | 161 | DAVID      | Janella   | BC | 1973 | W50 49  | 116 |
| 5  | 163 | BUZINHANI  | Melissa   | QC | 1974 | W50 49  | 80  |
| 6  | 121 | BORAY      | Anita     | QC | 1975 | W50 53  | 138 |
| 7  | 192 | SALKEN     | Dolores   | ON | 1973 | W50 57  | 97  |
| 8  | 125 | HALLIGAN   | Jillian   | ON | 1975 | W50 61  | 141 |
| 9  | 185 | WHITE      | Mardell   | ON | 1976 | W50 61  | 81  |
| 10 | 198 | CORSINI    | Lyssa     | ON | 1974 | W50 61  | 134 |
| 11 | 114 | DARVEAU    | Caroline  | QC | 1975 | W50 69  | 121 |
| 12 | 131 | THIRIET    | Catherine | ON | 1974 | W50 69  | 104 |
| 13 | 151 | STOVEL     | Gillian   | ON | 1976 | W50 69  | 108 |
| 14 | 177 | NICOLE     | Caroline  | ON | 1975 | W50 69  | 142 |
| 15 | 182 | BROUILLARD | France    | QC | 1974 | W50 69  | 105 |

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## START LIST

 WEIGH-IN TIME: 2026-06-20 09:20

 START TIME: 2026-06-20 11:20

### SESSION M4

M40, M45

|    |     |                 |            |   |      |          |     |
|----|-----|-----------------|------------|---|------|----------|-----|
| 1  | 133 | <b>NOGUEIRA</b> | Victor     |    | 1977 | M45 70   | 159 |
| 2  | 173 | <b>PARKIN</b>   | Derek      |    | 1977 | M45 75   | 214 |
| 3  | 178 | <b>PILON</b>    | Albert     |    | 1981 | M45 75   | 175 |
| 4  | 183 | <b>ROY</b>      | Sebastien  |    | 1977 | M45 75   | 153 |
| 5  | 195 | <b>ASTLE</b>    | Craig      |    | 1981 | M45 75   | 244 |
| 6  | 101 | <b>MCGUIRE</b>  | Kyle       |    | 1981 | M45 95   | 173 |
| 7  | 110 | <b>DUPUIS</b>   | David      |    | 1980 | M45 95   | 169 |
| 8  | 87  | <b>SPENCER</b>  | Justin     |    | 1981 | M45 110  | 240 |
| 9  | 100 | <b>CHASE</b>    | Travis     |    | 1981 | M45 110+ | 203 |
| 10 | 120 | <b>MILLER</b>   | Michael    |    | 1978 | M45 110+ | 225 |
| 11 | 118 | <b>SMITH</b>    | Ken        |    | 1982 | M40 65   | 203 |
| 12 | 189 | <b>LAMANES</b>  | Kevin      |    | 1982 | M40 75   | 237 |
| 13 | 34  | <b>CARVAJAL</b> | guillermo  |   | 1986 | M40 85   | 210 |
| 14 | 36  | <b>RIGARDI</b>  | Saint-Jean |  | 1986 | M40 85   | 209 |
| 15 | 47  | <b>DUBREUCQ</b> | Matthieu   |  | 1982 | M40 85   | 196 |
| 16 | 186 | <b>HUOT</b>     | Maxime     |  | 1986 | M40 85   | 255 |
| 17 | 193 | <b>GIRALDO</b>  | Carlos     |  | 1985 | M40 85   | 223 |

### SESSION F4

 WEIGH-IN TIME: 2026-06-20 11:50

 START TIME: 2026-06-20 13:50

W45, W50

|    |     |                   |           |   |      |         |     |
|----|-----|-------------------|-----------|---|------|---------|-----|
| 1  | 15  | <b>RICHARD</b>    | Nathalie  |  | 1973 | W50 77  | 114 |
| 2  | 107 | <b>ST DENIS</b>   | Annick    |  | 1973 | W50 77  | 80  |
| 3  | 123 | <b>JANG</b>       | Annette   |  | 1973 | W50 77  | 95  |
| 4  | 174 | <b>BEAUCHAMP</b>  | Michelle  |  | 1975 | W50 77  | 100 |
| 5  | 154 | <b>DESJARDINS</b> | Michele   |  | 1972 | W50 86  | 101 |
| 6  | 181 | <b>PIRRIE</b>     | Danielle  |  | 1974 | W50 86  | 110 |
| 7  | 148 | <b>PEARSON</b>    | Michelle  |  | 1973 | W50 86+ | 108 |
| 8  | 13  | <b>TAN</b>        | Tanya     |  | 1978 | W45 57  | 113 |
| 9  | 59  | <b>GLOWA</b>      | Christina |  | 1977 | W45 57  | 88  |
| 10 | 80  | <b>COX</b>        | Belinda   |  | 1979 | W45 57  | 127 |
| 11 | 95  | <b>TINO</b>       | Vanessa   |  | 1981 | W45 57  | 97  |
| 12 | 19  | <b>HOUSTON</b>    | Shannon   |  | 1981 | W45 61  | 88  |
| 13 | 150 | <b>FISHER</b>     | Bozena    |  | 1977 | W45 61  | 126 |
| 14 | 5   | <b>WATSON</b>     | Cheryl    |  | 1978 | W45 69  | 85  |
| 15 | 7   | <b>LAJOIE</b>     | Josee     |  | 1979 | W45 69  | 93  |
| 16 | 115 | <b>DESMARAIS</b>  | Melanie   |  | 1977 | W45 69  | 97  |

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## START LIST


 WEIGH-IN TIME: 2026-06-20 14:00  START TIME: 2026-06-20 16:00

| SESSION M5 |     |                        |                  |  |      |          |     |
|------------|-----|------------------------|------------------|--|------|----------|-----|
| M35, M40   |     |                        |                  |  |      |          |     |
| 1          | 10  | <b>GARAND</b>          | Daniel           |  MB   | 1985 | M40 110  | 220 |
| 2          | 97  | <b>BELAND</b>          | Jean-Marc        |  QC   | 1984 | M40 110  | 302 |
| 3          | 72  | <b>DUHAMEL</b>         | Jean-hugues      |  QC   | 1984 | M40 110+ | 240 |
| 4          | 113 | <b>CHOI</b>            | Patrick          |  ON   | 1990 | M35 70   | 212 |
| 5          | 143 | <b>HAMILTON</b>        | Nick             |  ON   | 1990 | M35 70   | 162 |
| 6          | 33  | <b>HAINEAULT</b>       | Yannick          |  QC   | 1990 | M35 75   | 209 |
| 7          | 73  | <b>CASE</b>            | Andrew           |  ON   | 1991 | M35 75   | 197 |
| 8          | 136 | <b>TANGUAY-LACROIX</b> | Pierre-Alexandre |  QC   | 1991 | M35 75   | 173 |
| 9          | 140 | <b>THACH</b>           | Withaker         |  QC   | 1987 | M35 75   | 178 |
| 10         | 210 | <b>FINER</b>           | Dustin           |  QC   | 1991 | M35 75   | 166 |
| 11         | 84  | <b>NGAMO</b>           | William          |  QC   | 1989 | M35 85   | 201 |
| 12         | 85  | <b>KING</b>            | David            |  ON   | 1989 | M35 85   | 225 |
| 13         | 152 | <b>SWANN</b>           | Colin            |  ON  | 1988 | M35 85   | 249 |
| 14         | 159 | <b>PEACE</b>           | Ashley           |  BC | 1991 | M35 85   | 186 |

| SESSION F5 |     |                    |            |  |      |         |     |
|------------|-----|--------------------|------------|--|------|---------|-----|
| W45        |     |                    |            |  |      |         |     |
| 1          | 27  | <b>DESPRES</b>     | Isabelle   |  MB | 1980 | W45 69  | 112 |
| 2          | 65  | <b>MARTENS</b>     | Eva        |  ON | 1979 | W45 69  | 132 |
| 3          | 81  | <b>MARTIN</b>      | Julie      |  ON | 1977 | W45 69  | 111 |
| 4          | 197 | <b>LEI</b>         | Janet      |  QC | 1980 | W45 69  | 101 |
| 5          | 20  | <b>FITZSIMMONS</b> | Kristen    |  ON | 1977 | W45 77  | 89  |
| 6          | 52  | <b>CAMARGOS</b>    | Liliane    | GUEST - PW2  | 1980 | W45 77  | 101 |
| 7          | 67  | <b>PERNICA</b>     | Patricia   |  QC | 1979 | W45 77  | 108 |
| 8          | 134 | <b>FRANCOEUR</b>   | Providence |  QC | 1977 | W45 77  | 118 |
| 9          | 194 | <b>WHALEN</b>      | Tania      |  QC | 1981 | W45 77  | 112 |
| 10         | 209 | <b>MCLAREN</b>     | Ania       |  ON | 1977 | W45 77  | 153 |
| 11         | 42  | <b>ALEXANDER</b>   | Angie      |  ON | 1979 | W45 86  | 110 |
| 12         | 46  | <b>BROCHU</b>      | isabelle   |  QC | 1981 | W45 86  | 124 |
| 13         | 57  | <b>QUAILE</b>      | Christina  |  ON | 1980 | W45 86  | 141 |
| 14         | 63  | <b>GRAY</b>        | Hannah     |  AB | 1977 | W45 86+ | 132 |

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












## START LIST

 WEIGH-IN TIME: 2026-06-21 07:00  START TIME: 2026-06-21 09:00

### SESSION M6

M30, M35

|    |     |                         |               |   |      |          |     |
|----|-----|-------------------------|---------------|---|------|----------|-----|
| 1  | 25  | <b>D'ANGELO</b>         | Michael       |    | 1991 | M35 95   | 274 |
| 2  | 64  | <b>DION</b>             | Lenny         |    | 1990 | M35 95   | 275 |
| 3  | 102 | <b>ZAGHARI</b>          | Amin          |    | 1989 | M35 95   | 198 |
| 4  | 112 | <b>LANTHIER-GRENIER</b> | Michel        |    | 1988 | M35 95   | 190 |
| 5  | 129 | <b>KUBLER</b>           | Kyle          |    | 1991 | M35 95   | 208 |
| 6  | 188 | <b>ALBERT</b>           | Daniel        |    | 1989 | M35 95   | 225 |
| 7  | 201 | <b>MATHESON</b>         | Andrew        |    | 1989 | M35 95   | 186 |
| 8  | 172 | <b>BENEDYK</b>          | Dmytro        |    | 1989 | M35 110+ | 209 |
| 9  | 206 | <b>BADRELDIN</b>        | Mohamedelamin |    | 1989 | M35 110+ | 245 |
| 10 | 166 | <b>VALDEZ</b>           | John          |    | 1993 | M30 75   | 207 |
| 11 | 48  | <b>DIAMOND</b>          | Marc-André    |    | 1995 | M30 85   | 264 |
| 12 | 16  | <b>BLACKBURN</b>        | Francis       |    | 1992 | M30 95   | 225 |
| 13 | 50  | <b>CARMONA</b>          | Paul-Michael  |    | 1993 | M30 95   | 215 |
| 14 | 204 | <b>MANGIN</b>           | Cedric        |   | 1992 | M30 95   | 197 |
| 15 | 149 | <b>WEN</b>              | Stephen       |  | 1996 | M30 110+ | 309 |

### SESSION F6


 WEIGH-IN TIME: 2026-06-21 09:20  START TIME: 2026-06-21 11:20

W40, W45

|    |     |                        |          |   |      |         |     |
|----|-----|------------------------|----------|---|------|---------|-----|
| 1  | 31  | <b>HUMBLE</b>          | Charlene |  | 1977 | W45 86+ | 133 |
| 2  | 70  | <b>JABAKHANJI</b>      | Duha     |  | 1980 | W45 86+ | 102 |
| 3  | 76  | <b>PROCUNIER</b>       | Victoria |  | 1981 | W45 86+ | 113 |
| 4  | 207 | <b>LAVECHIA</b>        | Krystal  |  | 1983 | W40 53  | 134 |
| 5  | 58  | <b>LAMBERT-THOMSON</b> | Erin     |  | 1985 | W40 57  | 158 |
| 6  | 119 | <b>BABIC</b>           | Elen     |  | 1984 | W40 61  | 93  |
| 7  | 190 | <b>MATHEWSON</b>       | Ashley   |  | 1985 | W40 61  | 132 |
| 8  | 4   | <b>GARAND</b>          | Natasha  |  | 1985 | W40 69  | 100 |
| 9  | 60  | <b>ROBERTSON</b>       | Jordan   |  | 1982 | W40 69  | 122 |
| 10 | 92  | <b>ROUSSEL</b>         | Mireille |  | 1982 | W40 69  | 119 |
| 11 | 2   | <b>FRYIA</b>           | Lisa     |  | 1982 | W40 77  | 142 |
| 12 | 14  | <b>KI</b>              | Virginia |  | 1983 | W40 77  | 140 |
| 13 | 79  | <b>LOVETT</b>          | Candace  |  | 1986 | W40 77  | 115 |
| 14 | 96  | <b>WATKINS</b>         | Katie    |  | 1984 | W40 77  | 114 |
| 15 | 180 | <b>BROWN</b>           | Alison   |  | 1982 | W40 77  | 128 |
| 16 | 187 | <b>HEBERT</b>          | Patty    |  | 1983 | W40 77  | 119 |

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## START LIST

 WEIGH-IN TIME: 2026-06-21 11:40

 START TIME: 2026-06-21 13:40


### SESSION F7

W35, W40

|    |     |                 |                |       |      |         |     |
|----|-----|-----------------|----------------|-------|------|---------|-----|
| 1  | 126 | HAMMAR          | Grace          | 🇨🇦 ON | 1983 | W40 86  | 133 |
| 2  | 175 | NOWAC           | Amanda         | 🇨🇦 QC | 1985 | W40 86  | 147 |
| 3  | 116 | MAXWELL         | Samantha       | 🇨🇦 ON | 1982 | W40 86+ | 121 |
| 4  | 51  | BRADDOCK        | Amanda         | 🇨🇦 ON | 1989 | W35 53  | 166 |
| 5  | 40  | KHOUNPHACHANGSI | Darlene        | 🇨🇦 ON | 1987 | W35 57  | 101 |
| 6  | 68  | BOONMA          | Kwanwana       | 🇨🇦 QC | 1989 | W35 57  | 100 |
| 7  | 164 | BRUNO           | Rachael        | 🇨🇦 ON | 1989 | W35 57  | 100 |
| 8  | 168 | BOAKS           | Amelia         | 🇨🇦 QC | 1987 | W35 57  | 117 |
| 9  | 56  | RAMIREZ RIVES   | jennyssa-laura | 🇨🇦 QC | 1991 | W35 61  | 99  |
| 10 | 128 | HOWELL          | Jessica        | 🇨🇦 QC | 1991 | W35 61  | 103 |
| 11 | 11  | COULTER         | Shelby         | 🇨🇦 ON | 1989 | W35 69  | 137 |
| 12 | 12  | DESCHENES       | Shanah         | 🇨🇦 QC | 1989 | W35 69  | 126 |
| 13 | 82  | GLEITER         | Hannah         | 🇨🇦 BC | 1989 | W35 69  | 107 |
| 14 | 94  | STANKIEWICZ     | Kat            | 🇨🇦 ON | 1991 | W35 69  | 104 |
| 15 | 184 | OLIVOS          | Sandra         | 🇨🇦 QC | 1988 | W35 69  | 102 |

### SESSION F8

 WEIGH-IN TIME: 2026-06-21 14:00

 START TIME: 2026-06-21 16:00

W30, W35

|    |     |          |           |       |      |         |     |
|----|-----|----------|-----------|-------|------|---------|-----|
| 1  | 108 | SCHMIDT  | Gabrielle | 🇨🇦 QC | 1988 | W35 77  | 168 |
| 2  | 202 | YUM      | Lisa      | 🇨🇦 QC | 1987 | W35 77  | 133 |
| 3  | 135 | HICKS    | Emma      | 🇨🇦 NB | 1988 | W35 86  | 142 |
| 4  | 18  | LEE      | Bronwyn   | 🇨🇦 ON | 1989 | W35 86+ | 144 |
| 5  | 139 | QUAICOE  | Judith    | 🇨🇦 ON | 1990 | W35 86+ | 121 |
| 6  | 6   | ALHASSAN | Zee       | 🇨🇦 QC | 1995 | W30 57  | 108 |
| 7  | 17  | CABANLIG | Micah     | 🇨🇦 BC | 1992 | W30 57  | 109 |
| 8  | 41  | LEFEBVRE | Lucile    | 🇨🇦 QC | 1995 | W30 61  | 107 |
| 9  | 77  | PALLEN   | Vanessa   | 🇨🇦 QC | 1995 | W30 61  | 108 |
| 10 | 176 | PANCHUK  | Jenny     | 🇨🇦 ON | 1996 | W30 61  | 106 |
| 11 | 86  | CHAVEZ   | Valeria   | 🇨🇦 QC | 1994 | W30 69  | 147 |
| 12 | 109 | TARTA    | Isabelle  | 🇨🇦 QC | 1994 | W30 69  | 124 |
| 13 | 200 | CRETE    | Annie     | 🇨🇦 BC | 1995 | W30 69  | 110 |
| 14 | 9   | LINDNER  | Rebecca   | 🇨🇦 ON | 1995 | W30 77  | 144 |
| 15 | 35  | ROBIN    | Christine | 🇨🇦 ON | 1992 | W30 77  | 128 |
| 16 | 29  | MANLEY   | Leigh     | 🇨🇦 QC | 1993 | W30 86  | 145 |