

2026: Archived WCHM Records — Women

2026: Records archivés de la WCHM - femmes

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W30	F	34	48	48kg	SNATCH	43					
W30	F	34	48	48kg	CLEANJERK	53					
W30	F	34	48	48kg	TOTAL	96					
W30	F	34	53	53kg	SNATCH	46					
W30	F	34	53	53kg	CLEANJERK	57					
W30	F	34	53	53kg	TOTAL	103					
W30	F	34	58	58kg	SNATCH	62	Kayla Koh	ON	2025-06-29	Calgary, AB	Canadian Masters Championships
W30	F	34	58	58kg	CLEANJERK	82	Kayla Koh	ON	2025-06-29	Calgary, AB	Canadian Masters Championships
W30	F	34	58	58kg	TOTAL	144	Kayla Koh	ON	2025-06-29	Calgary, AB	Canadian Masters Championships
W30	F	34	63	63kg	SNATCH	87	Katrina Wright	ON	2025-11-08	Toronto, ON	Ontario Senior Championships
W30	F	34	63	63kg	CLEANJERK	100	Katrina Wright	ON	2025-11-08	Toronto, ON	Ontario Senior Championships
W30	F	34	63	63kg	TOTAL	187	Katrina Wright	ON	2025-11-08	Toronto, ON	Ontario Senior Championships
W30	F	34	69	69kg	SNATCH	86	Nadia Yangui	AB	2026-03-07	Calgary, AB	Alberta Senior Provincials
W30	F	34	69	69kg	CLEANJERK	107	Nadia Yangui	AB	2026-03-07	Calgary, AB	Alberta Senior Provincials
W30	F	34	69	69kg	TOTAL	193	Nadia Yangui	AB	2026-03-07	Calgary, AB	Alberta Senior Provincials
W30	F	34	77	77kg	SNATCH	76	Stephanie Peter	ON	2019-02-23	St. Thomas, ON	ON Masters Open
W30	F	34	77	77kg	CLEANJERK	93	Stephanie Peter	ON	2019-02-23	St. Thomas, ON	ON Masters Open
W30	F	34	77	77kg	TOTAL	169	Stephanie Peter	ON	2019-02-23	St. Thomas, ON	ON Masters Open
W30	F	34	86	86kg	SNATCH	82	Fanny Salvail- Bérard	QC	2024-11-30	St. Hyacinthe, QC	Championnat Senior du Québec
W30	F	34	86	86kg	CLEANJERK	100	Fanny Salvail- Bérard	QC	2024-11-30	St. Hyacinthe, QC	Championnat Senior du Québec
W30	F	34	86	86kg	TOTAL	182	Fanny Salvail- Bérard	QC	2024-11-30	St. Hyacinthe, QC	Championnat Senior du Québec
W30	F	34	200	86+kg	SNATCH	89	Julia Ryan	ON	2024-09-11	Scarborough, ON	Ontario Senior Provincial Championships
W30	F	34	200	86+kg	CLEANJERK	105	Julia Ryan	ON	2024-09-11	Scarborough, ON	Ontario Senior Provincial Championships
W30	F	34	200	86+kg	TOTAL	194	Julia Ryan	ON	2024-09-11	Scarborough, ON	Ontario Senior Provincial Championships
W35	F	39	48	48kg	SNATCH	40					
W35	F	39	48	48kg	CLEANJERK	50					
W35	F	39	48	48kg	TOTAL	90					
W35	F	39	53	53kg	SNATCH	73	Amanda Braddock	ON	2025-11-07	Toronto, ON	Ontario Senior Championships
W35	F	39	53	53kg	CLEANJERK	93	Amanda Braddock	ON	2025-11-07	Toronto, ON	Ontario Senior Championships
W35	F	39	53	53kg	TOTAL	166	Amanda Braddock	ON	2025-11-07	Toronto, ON	Ontario Senior Championships
W35	F	39	58	58kg	SNATCH	64	Joanne Jeffrey	ON	2019-04-17	St. Thomas, ON	Canadian Masters Championships
W35	F	39	58	58kg	CLEANJERK	84	Carrie Herauf	SK	2025-06-29	Calgary, AB	Canadian Masters Championships
W35	F	39	58	58kg	TOTAL	138	Joanne Jeffrey	ON	2019-04-27	St. Thomas, ON	CMWFHCM Nationals
W35	F	39	63	63kg	SNATCH	68	Kennedy Flamond	AB	2026-04-11	Edmonton, AB	OPF Masters Provincials
W35	F	39	63	63kg	CLEANJERK	88	Kennedy Flamond	AB	2026-04-11	Edmonton, AB	OPF Masters Provincials
W35	F	39	63	63kg	TOTAL	156	Kennedy Flamond	AB	2026-04-11	Edmonton, AB	OPF Masters Provincials
W35	F	39	69	69kg	SNATCH	81	Stephanie Gowanlock	ON	2019-02-23	St. Thomas, ON	ON Masters Open
W35	F	39	69	69kg	CLEANJERK	101	Stephanie Gowanlock	ON	2019-02-23	St. Thomas, ON	ON Masters Open
W35	F	39	69	69kg	TOTAL	182	Stephanie Gowanlock	ON	2019-02-23	St. Thomas, ON	ON Masters Open
W35	F	39	77	77kg	SNATCH	80	Sharon Ko	BC	2022-12-09	Orlando, USA	World Masters Championships
W35	F	39	77	77kg	CLEANJERK	101	Gabrielle Schmidt	QC	2023-07-16	Midland, ON	Canadian Masters Weightlifting Championships
W35	F	39	77	77kg	TOTAL	181	Gabrielle Schmidt	QC	2024-11-30	St. Hyacinthe	Championnat Senior du Québec

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W35	F	39	86	86kg	SNATCH	79	Julia Ryan	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W35	F	39	86	86kg	CLEANJERK	93	Julia Ryan	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W35	F	39	86	86kg	TOTAL	172	Julia Ryan	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W35	F	39	200	86+kg	SNATCH	77	Linsey Piel-Glade	MB	2022-12-10	Orlando, USA	World Masters Championships
W35	F	39	200	86+kg	CLEANJERK	111	Michelle Page	ON	2024-04-21	Midland, ON	Ontario Masters Championships
W35	F	39	200	86+kg	TOTAL	179	Michelle Page	ON	2024-04-21	Midland, ON	Ontario Masters Championships
W40	F	44	48	48kg	SNATCH	56	Joanne Jeffrey	ON	2025-05-16	Baton Rouge, USA	Pan Am Masters
W40	F	44	48	48kg	CLEANJERK	64	Joanne Jeffrey	ON	2025-06-28	Calgary, AB	Canadian Masters Championships
W40	F	44	48	48kg	TOTAL	120	Joanne Jeffrey	ON	2025-06-28	Calgary, AB	Canadian Masters Championships
W40	F	44	53	53kg	SNATCH	60	Joanne Jeffrey	ON	2022-05-12	Orlando, USA	World Masters Championships
W40	F	44	53	53kg	CLEANJERK	75	Krystal Lavechia	ON	2025-09-10	Las Vegas, USA	World Masters Championships
W40	F	44	53	53kg	TOTAL	134	Krystal Lavechia	ON	2025-09-10	Las Vegas, USA	World Masters Championships
W40	F	44	58	58kg	SNATCH	67	Rosalie Laurin-Larouche	QC	2019-02-23	Sherbrooke, QC	Champ Masters du QC
W40	F	44	58	58kg	CLEANJERK	83	Rosalie Laurin-Larouche	QC	2019-02-23	Sherbrooke, QC	Champ Masters du QC
W40	F	44	58	58kg	TOTAL	150	Rosalie Laurin-Larouche	QC	2019-02-23	Sherbrooke, QC	Champ Masters du QC
W40	F	44	63	63kg	SNATCH	80	Abigail Guerrero-Gonzales	QC	2019-02-23	Sherbrooke, QC	Champ Masters du QC
W40	F	44	63	63kg	CLEANJERK	90	Abigail Guerrero-Gonzales	QC	2019-08-29	Montreal, QC	IWF Masters Worlds
W40	F	44	63	63kg	TOTAL	170	Abigail Guerrero-Gonzales	QC	2019-08-29	Montréal, QC	IWF Masters Worlds
W40	F	44	69	69kg	SNATCH	74	Andrea Robinson	MB	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W40	F	44	69	69kg	CLEANJERK	89	Andrea Robinson	MB	2023-07-14	Midland, ON	Canadian Masters Weightlifting Championships
W40	F	44	69	69kg	TOTAL	162	Andrea Robinson	MB	2023-07-14	Midland, ON	Canadian Masters Weightlifting Championships
W40	F	44	77	77kg	SNATCH	82	Megan Apostoleris	NS	2024-07-15	Midland, ON	Canadian Masters Weightlifting Championships
W40	F	44	77	77kg	CLEANJERK	101	Megan Apostoleris	NS	2023-05-20	Scarborough, ON	Canadian Senior Championships
W40	F	44	77	77kg	TOTAL	182	Megan Apostoleris	NS	2023-05-20	Scarborough, ON	Canadian Senior Championships
W40	F	44	86	86kg	SNATCH	74	Connie Di Pierro	ON	2023-04-22	St. Thomas, ON	Ontario Masters Provincial Championships
W40	F	44	86	86kg	CLEANJERK	95	Connie Di Pierro	ON	2023-04-22	St. Thomas, ON	Ontario Masters Provincial Championships
W40	F	44	86	86kg	TOTAL	169	Connie Di Pierro	ON	2023-04-22	St. Thomas, ON	Ontario Masters Provincial Championships
W40	F	44	200	86+kg	SNATCH	70	Karine Brouillard	QC	2022-07-12	Orlando, USA	World Masters Championships
W40	F	44	200	86+kg	CLEANJERK	94	Richelle Foster	AB	2025-05-28	Baton Rouge, USA	Pan Am Masters
W40	F	44	200	86+kg	TOTAL	152	Karine Brouillard	QC	2022-08-12	Orlando, USA	World Masters Championships
W45	F	49	48	48kg	SNATCH	44	Pamela Warner	ON	2025-09-09	Las Vegas, USA	World Masters Championships
W45	F	49	48	48kg	CLEANJERK	57	Pamela Warner	ON	2025-09-09	Las Vegas, USA	World Masters Championships
W45	F	49	48	48kg	TOTAL	101	Pamela Warner	ON	2025-09-09	Las Vegas, USA	World Masters Championships
W45	F	49	53	53kg	SNATCH	55	Belinda Cox	ON	2025-09-09	Las Vegas, USA	World Masters Championships
W45	F	49	53	53kg	CLEANJERK	72	Belinda Cox	ON	2025-09-09	Las Vegas, USA	World Masters Championships
W45	F	49	53	53kg	TOTAL	127	Belinda Cox	ON	2025-09-09	Las Vegas, USA	World Masters Championships
W45	F	49	58	58kg	SNATCH	64	Charity Bartz	ON	2025-11-07	Toronto, ON	Ontario Senior Championships
W45	F	49	58	58kg	CLEANJERK	82	Charity Bartz	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W45	F	49	58	58kg	TOTAL	145	Charity Bartz	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W45	F	49	63	63kg	SNATCH	70	Isabelle Gauthier	QC	2019-04-27	St. Thomas, ON	CMWFHCM Nationals
W45	F	49	63	63kg	CLEANJERK	90	Isabelle Gauthier	QC	2019-02-23	Sherbrooke, QC	Champ Masters du QC
W45	F	49	63	63kg	TOTAL	160	Isabelle Gauthier	QC	2019-04-27	St. Thomas, ON	CMWFHCM Nationals
W45	F	49	69	69kg	SNATCH	67	Charity Bartz	ON	2024-03-30	Burlington, ON	Winterlift

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W45	F	49	69	69kg	CLEANJERK	85	Charity Bartz	ON	2024-03-30	Burlington, ON	Winterlift
W45	F	49	69	69kg	TOTAL	152	Charity Bartz	ON	2024-03-30	Burlington, ON	Winterlift
W45	F	49	77	77kg	SNATCH	69	Mandy Molder	SK	2023-02-11	Saskatoon, SK	Saskatchewan Masters Provincials
W45	F	49	77	77kg	CLEANJERK	86	Ania McLaren	ON	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W45	F	49	77	77kg	TOTAL	152	Mandy Molder	SK	2023-02-11	Saskatoon, SK	Saskatchewan Masters Provincials
W45	F	49	86	86kg	SNATCH	73	Cathy Hambly	BC	2023-03-05	Vancouver, BC	BC Masters Provincials
W45	F	49	86	86kg	CLEANJERK	89	Cathy Hambly	BC	2023-07-13	Midland, ON	Canadian Masters Weightlifting Championships
W45	F	49	86	86kg	TOTAL	160	Cathy Hambly	BC	2023-03-05	Vancouver, BC	BC Masters Provincials
W45	F	49	200	86+kg	SNATCH	65	Hannah Gray	AB	2022-03-05	Edmonton, AB	AB Masters G Kay
W45	F	49	200	86+kg	CLEANJERK	84	Hannah Gray	AB	2022-05-12	Orlando, USA	World Masters Championships
W45	F	49	200	86+kg	TOTAL	147	Hannah Gray	AB	2022-05-12	Orlando, USA	World Masters Championships
W50	F	54	48	48kg	SNATCH	51	Janella David	BC	2025-09-07	Las Vegas, USA	World Masters Championships
W50	F	54	48	48kg	CLEANJERK	65	Janella David	BC	2025-09-07	Las Vegas, USA	World Masters Championships
W50	F	54	48	48kg	TOTAL	116	Janella David	BC	2025-09-07	Las Vegas, USA	World Masters Championships
W50	F	54	53	53kg	SNATCH	60	Anita Boray	QC	2025-10-25	Saint-Michel-des-Saints, QC	Championnat Maître Et Sénior B Du QC
W50	F	54	53	53kg	CLEANJERK	80	Anita Boray	QC	2026-02-07	Montreal, QC	Quebec Open d'hiver
W50	F	54	53	53kg	TOTAL	139	Anita Boray	QC	2025-10-25	Saint-Michel-des-Saints, QC	Championnat Maître Et Sénior B Du QC
W50	F	54	58	58kg	SNATCH	66	Isabelle Gauthier	QC	2023-07-14	Midland, ON	Canadian Masters Weightlifting Championships
W50	F	54	58	58kg	CLEANJERK	86	Isabelle Gauthier	QC	2023-05-25	Orlando, USA	Pan Am Masters
W50	F	54	58	58kg	TOTAL	150	Isabelle Gauthier	QC	2023-05-25	Orlando, USA	Pan Am Masters
W50	F	54	63	63kg	SNATCH	69	Isabelle Gauthier	QC	2022-06-12	San Juan, Pto Rico	Pan Am Masters
W50	F	54	63	63kg	CLEANJERK	87	Isabelle Gauthier	QC	2022-06-12	San Juan, Pto Rico	Pan Am Masters
W50	F	54	63	63kg	TOTAL	156	Isabelle Gauthier	QC	2022-06-12	San Juan, Pto Rico	Pan Am Masters
W50	F	54	69	69kg	SNATCH	59	Sue Jones	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W50	F	54	69	69kg	CLEANJERK	78	Sue Jones	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W50	F	54	69	69kg	TOTAL	137	Sue Jones	ON	2025-09-27	Burlington, ON	2025 Ontario Classic
W50	F	54	77	77kg	SNATCH	61	Sue Jones	ON	2024-07-13	Rouyn-Noranda, QC	Canadian Masters Weightlifting Championships
W50	F	54	77	77kg	CLEANJERK	84	Sue Jones	ON	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W50	F	54	77	77kg	TOTAL	145	Sue Jones	ON	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W50	F	54	86	86kg	SNATCH	66	Deidra Zimmer	AB	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W50	F	54	86	86kg	CLEANJERK	85	Deidra Zimmer	AB	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W50	F	54	86	86kg	TOTAL	151	Deidra Zimmer	AB	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W50	F	54	200	86+kg	SNATCH	68	Deirdre Coburn	AB	2025-03-30	Calgary, AB	Alberta Senior Provincials
W50	F	54	200	86+kg	CLEANJERK	93	Deirdre Coburn	AB	2025-06-29	Calgary, AB	Canadian Masters Weightlifting Championships
W50	F	54	200	86+kg	TOTAL	158	Deirdre Coburn	AB	2025-06-29	Calgary, AB	Canadian Masters Weightlifting Championships
W55	F	59	48	48kg	SNATCH	32					
W55	F	59	48	48kg	CLEANJERK	39					
W55	F	59	48	48kg	TOTAL	71					
W55	F	59	53	53kg	SNATCH	41	Stella Oh	BC	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W55	F	59	53	53kg	CLEANJERK	50	Stella Oh	BC	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W55	F	59	53	53kg	TOTAL	91	Stella Oh	BC	2025-06-28	Calgary, AB	Canadian Masters Weightlifting Championships
W55	F	59	58	58kg	SNATCH	47	Manon Poulin	QC	2019-05-30	Orlando, USA	Pan Am Masters
W55	F	59	58	58kg	CLEANJERK	61	Carol Akasaka	BC	2026-02-28	Port Moody, BC	BC Masters Provincial Championships
W55	F	59	58	58kg	TOTAL	107	Carol Akasaka	BC	2026-02-28	Port Moody, BC	BC Masters Provincial Championships
W55	F	59	63	63kg	SNATCH	50	Molly Zirkle	ON	2022-02-12	Orlando, USA	World Masters Championships
W55	F	59	63	63kg	CLEANJERK	61	Molly Zirkle	ON	2022-04-23	St. Thomas, ON	Ontario Masters Championships
W55	F	59	63	63kg	TOTAL	111	Molly Zirkle	ON	2022-02-12	Orlando, USA	World Masters Championships
W55	F	59	69	69kg	SNATCH	56	Tara Gemer	AB	2026-04-11	Edmonton, AB	OPF Masters Provincials
W55	F	59	69	69kg	CLEANJERK	73	Tara Gemer	AB	2026-04-11	Edmonton, AB	OPF Masters Provincials
W55	F	59	69	69kg	TOTAL	129	Tara Gemer	AB	2026-04-11	Edmonton, AB	OPF Masters Provincials
W55	F	59	77	77kg	SNATCH	56	Allison Sullivan	AB	2023-03-03	Auckland, NZ	Masters World Cup
W55	F	59	77	77kg	CLEANJERK	70	Allison Sullivan	AB	2023-03-03	Auckland, NZ	Masters World Cup
W55	F	59	77	77kg	TOTAL	126	Allison Sullivan	AB	2023-03-03	Auckland, NZ	Masters World Cup
W55	F	59	86	86kg	SNATCH	49	Patricia Barber	ON	2024-12-07	Rouyn-Noranda, QC	Canadian Masters Weightlifting Championships
W55	F	59	86	86kg	CLEANJERK	66	Patricia Barber	ON	2024-12-07	Rouyn-Noranda, QC	Canadian Masters Weightlifting Championships
W55	F	59	86	86kg	TOTAL	115	Patricia Barber	ON	2024-12-07	Rouyn-Noranda, QC	Canadian Masters Weightlifting Championships
W55	F	59	200	86+kg	SNATCH	54	Crista Coughlin	SK	2025-09-07	Las Vegas, USA	World Masters Championships
W55	F	59	200	86+kg	CLEANJERK	67	Crista Coughlin	SK	2025-03-15	Regina, SK	SK Snr & Jr Provincials
W55	F	59	200	86+kg	TOTAL	120	Crista Coughlin	SK	2025-03-15	Regina, SK	SK Snr & Jr Provincials
W60	F	64	48	48kg	SNATCH	33	Elaine Mori	BC	2024-09-06	Rovaniemi, Finland	World Masters Championships
W60	F	64	48	48kg	CLEANJERK	50	Elaine Mori	BC	2024-09-06	Rovaniemi, Finland	World Masters Championships
W60	F	64	48	48kg	TOTAL	83	Elaine Mori	BC	2024-09-06	Rovaniemi, Finland	World Masters Championships
W60	F	64	53	53kg	SNATCH	32	Elaine Mori	BC	2024-03-02	Port Moody, BC	BC Masters Championships
W60	F	64	53	53kg	CLEANJERK	45	Elaine Mori	BC	2024-03-02	Port Moody, BC	BC Masters Championships
W60	F	64	53	53kg	TOTAL	77	Elaine Mori	BC	2024-03-02	Port Moody, BC	BC Masters Championships
W60	F	64	58	58kg	SNATCH	45	Manon Croteau	QC	2025-06-29	Calgary, AB	Canadian Masters Championships
W60	F	64	58	58kg	CLEANJERK	55	Manon Croteau	QC	2025-06-29	Calgary, AB	Canadian Masters Championships
W60	F	64	58	58kg	TOTAL	100	Manon Croteau	QC	2025-06-29	Calgary, AB	Canadian Masters Championships
W60	F	64	63	63kg	SNATCH	47	Manon Croteau	QC	2025-10-25	Saint-Michel-des-Saints, QC	Championnat Maître Et Sénior B Du QC
W60	F	64	63	63kg	CLEANJERK	54	Manon Croteau	QC	2025-10-25	Saint-Michel-des-Saints, QC	Championnat Maître Et Sénior B Du QC
W60	F	64	63	63kg	TOTAL	101	Manon Croteau	QC	2025-10-25	Saint-Michel-des-Saints, QC	Championnat Maître Et Sénior B Du QC
W60	F	64	69	69kg	SNATCH	50	Sylvie Guenette	ON	2026-04-18	Scarborough, ON	Ontario Masters Championships
W60	F	64	69	69kg	CLEANJERK	63	Sylvie Guenette	ON	2026-04-18	Scarborough, ON	Ontario Masters Championships
W60	F	64	69	69kg	TOTAL	113	Sylvie Guenette	ON	2026-04-18	Scarborough, ON	Ontario Masters Championships
W60	F	64	77	77kg	SNATCH	39	Wendy Martin	NS	2025-06-29	Calgary, AB	Canadian Masters Championships
W60	F	64	77	77kg	CLEANJERK	52	Wendy Martin	NS	2025-06-29	Calgary, AB	Canadian Masters Championships
W60	F	64	77	77kg	TOTAL	91	Wendy Martin	NS	2025-06-29	Calgary, AB	Canadian Masters Championships
W60	F	64	86	86kg	SNATCH	49	Patricia Barber	ON	2025-04-18	Burlington, ON	Ontario Provincial Masters
W60	F	64	86	86kg	CLEANJERK	68	Patricia Barber	ON	2025-04-18	Burlington, ON	Ontario Provincial Masters
W60	F	64	86	86kg	TOTAL	117	Patricia Barber	ON	2025-04-18	Burlington, ON	Ontario Provincial Masters
W60	F	64	200	86+kg	SNATCH	45	Madeleine Waterfield	ON	2024-12-07	Rouyn-Noranda, QC	Canadian Masters Championships
W60	F	64	200	86+kg	CLEANJERK	56	Madeleine Waterfield	ON	2024-02-24	St. Thomas, ON	Ontario Masters Open
W60	F	64	200	86+kg	TOTAL	100	Madeleine Waterfield	ON	2024-02-24	St. Thomas, ON	Ontario Masters Open
W65	F	69	48	48kg	SNATCH	23					

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W65	F	69	48	48kg	CLEANJERK	30					
W65	F	69	48	48kg	TOTAL	53					
W65	F	69	53	53kg	SNATCH	33	Fern Tonus	ON	2025-06-28	Calgary, AB	Canadian Masters Championships
W65	F	69	53	53kg	CLEANJERK	40	Fern Tonus	ON	2025-06-28	Calgary, AB	Canadian Masters Championships
W65	F	69	53	53kg	TOTAL	73	Fern Tonus	ON	2025-06-28	Calgary, AB	Canadian Masters Championships
W65	F	69	58	58kg	SNATCH	35	Frances Robson	SK	2025-09-04	Las Vegas, USA	World Masters Championships
W65	F	69	58	58kg	CLEANJERK	43	Frances Robson	SK	2025-11-22	Saskatoon, SK	Western Canadian Championships
W65	F	69	58	58kg	TOTAL	77	Frances Robson	SK	2025-11-22	Saskatoon, SK	Western Canadian Championships
W65	F	69	63	63kg	SNATCH	38	Frances Robson	SK	2024-07-09	Rovaniemi, Finland	World Masters Championships
W65	F	69	63	63kg	CLEANJERK	46	Frances Robson	SK	2024-05-24	San Jose, CR	Pan American Championships
W65	F	69	63	63kg	TOTAL	82	Frances Robson	SK	2024-05-24	San Jose, CR	Pan American Championships
W65	F	69	69	69kg	SNATCH	36	Madeline Payne	ON	2019-08-29	Montreal, QC	IWF Masters Worlds
W65	F	69	69	69kg	CLEANJERK	50	Karla Daviau	ON	2026-02-28	St. Thomas, ON	Ontario Masters Open
W65	F	69	69	69kg	TOTAL	86	Karla Daviau	ON	2026-02-28	St. Thomas, ON	Ontario Masters Open
W65	F	69	77	77kg	SNATCH	32					
W65	F	69	77	77kg	CLEANJERK	42	Ruth Stewart	ON	2022-12-01	Orlando, USA	World Masters Championships
W65	F	69	77	77kg	TOTAL	73					
W65	F	69	86	86kg	SNATCH	36					
W65	F	69	86	86kg	CLEANJERK	45					
W65	F	69	86	86kg	TOTAL	81					
W65	F	69	200	86+kg	SNATCH	37					
W65	F	69	200	86+kg	CLEANJERK	46					
W65	F	69	200	86+kg	TOTAL	83					
W70	F	74	48	48kg	SNATCH	20					
W70	F	74	48	48kg	CLEANJERK	23					
W70	F	74	48	48kg	TOTAL	43					
W70	F	74	53	53kg	SNATCH	21					
W70	F	74	53	53kg	CLEANJERK	24					
W70	F	74	53	53kg	TOTAL	45					
W70	F	74	58	58kg	SNATCH	26	Doris Hellenbart	ON	2019-04-27	St. Thomas, ON	CMWFHCM Nationals
W70	F	74	58	58kg	CLEANJERK	33	Doris Hellenbart	ON	2019-04-27	St. Thomas, ON	CMWFHCM Nationals
W70	F	74	58	58kg	TOTAL	59	Doris Hellenbart	ON	2019-04-27	St. Thomas, ON	CMWFHCM Nationals
W70	F	74	63	63kg	SNATCH	28	Doris Hellenbart	ON	2019-08-29	Montreal, QC	IWF Masters Worlds
W70	F	74	63	63kg	CLEANJERK	35	Doris Hellenbart	ON	2019-08-29	Montreal, QC	IWF Masters Worlds
W70	F	74	63	63kg	TOTAL	63	Doris Hellenbart	ON	2019-08-29	Montreal, QC	IWF Masters Worlds
W70	F	74	69	69kg	SNATCH	31	Ruth Stewart	BC	2025-06-27	Calgary, AB	Canadian Masters Weightlifting Championships
W70	F	74	69	69kg	CLEANJERK	42	Ruth Stewart	BC	2025-06-27	Calgary, AB	Canadian Masters Weightlifting Championships
W70	F	74	69	69kg	TOTAL	73	Ruth Stewart	BC	2025-06-27	Calgary, AB	Canadian Masters Weightlifting Championships
W70	F	74	77	77kg	SNATCH	32	Sandy Dewar	AB	2025-02-01	Edmonton, AB	Alberta Masters Provincials
W70	F	74	77	77kg	CLEANJERK	43	Sandy Dewar	AB	2025-06-27	Calgary, AB	Canadian Masters Weightlifting Championships
W70	F	74	77	77kg	TOTAL	74	Sandy Dewar	AB	2025-02-01	Edmonton, AB	Alberta Masters Provincials
W70	F	74	86	86kg	SNATCH	31	Christine Walt	ON	2019-08-29	Montreal, QC	IWF Masters Worlds
W70	F	74	86	86kg	CLEANJERK	44	Christine Walt	ON	2019-08-29	Montreal, QC	IWF Masters Worlds
W70	F	74	86	86kg	TOTAL	75	Christine Walt	ON	2019-08-29	Montreal, QC	IWF Masters Worlds
W70	F	74	200	86+kg	SNATCH	30	Patricia Henderson	BC	2023-07-14	Midland, ON	Canadian Masters Weightlifting Championships

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W70	F	74	200	86+kg	CLEANJERK	41	Patricia Henderson	BC	2023-07-14	Midland, ON	Canadian Masters Weightlifting Championships
W70	F	74	200	86+kg	TOTAL	71	Patricia Henderson	BC	2023-07-14	Midland, ON	Canadian Masters Weightlifting Championships
W75	F	79	48	48kg	SNATCH	18					
W75	F	79	48	48kg	CLEANJERK	22					
W75	F	79	48	48kg	TOTAL	40					
W75	F	79	53	53kg	SNATCH	19					
W75	F	79	53	53kg	CLEANJERK	23					
W75	F	79	53	53kg	TOTAL	42					
W75	F	79	58	58kg	SNATCH	22	Doris Hellenbart	ON	2022-07-09	Moncton, NB	CMWFHCM Nationals
W75	F	79	58	58kg	CLEANJERK	28	Doris Hellenbart	ON	2022-07-09	Moncton, NB	CMWFHCM Nationals
W75	F	79	58	58kg	TOTAL	50	Doris Hellenbart	ON	2022-07-09	Moncton, NB	CMWFHCM Nationals
W75	F	79	63	63kg	SNATCH	21					
W75	F	79	63	63kg	CLEANJERK	26					
W75	F	79	63	63kg	TOTAL	47					
W75	F	79	69	69kg	SNATCH	25	Judy Quinn	ON	2025-09-04	Las Vegas, USA	World Masters Championships
W75	F	79	69	69kg	CLEANJERK	30	Judy Quinn	ON	2025-09-04	Las Vegas, USA	World Masters Championships
W75	F	79	69	69kg	TOTAL	55	Judy Quinn	ON	2025-09-04	Las Vegas, USA	World Masters Championships
W75	F	79	77	77kg	SNATCH	29	Judy Quinn	ON	2023-05-24	Orlando, USA	Pan American Masters
W75	F	79	77	77kg	CLEANJERK	37	Judy Quinn	ON	2023-05-24	Orlando, USA	Pan American Masters
W75	F	79	77	77kg	TOTAL	66	Judy Quinn	ON	2023-05-24	Orlando, USA	Pan American Masters
W75	F	79	86	86kg	SNATCH	28	Judy Quinn	ON	2024-05-09	Rovaniemi, Finland	World Masters Championships
W75	F	79	86	86kg	CLEANJERK	37	Brenda Fergusson	BC	2019-03-09	Vancouver, BC	BC Masters Champ
W75	F	79	86	86kg	TOTAL	64	Judy Quinn	ON	2024-09-05	Rovaniemi, Finland	World Masters Championships
W75	F	79	200	86+kg	SNATCH	26					
W75	F	79	200	86+kg	CLEANJERK	36					
W75	F	79	200	86+kg	TOTAL	62					
W80	F	84	48	48kg	SNATCH	20					
W80	F	84	48	48kg	CLEANJERK	20					
W80	F	84	48	48kg	TOTAL	40					
W80	F	84	53	53kg	SNATCH	20					
W80	F	84	53	53kg	CLEANJERK	21					
W80	F	84	53	53kg	TOTAL	41					
W80	F	84	58	58kg	SNATCH	20					
W80	F	84	58	58kg	CLEANJERK	23					
W80	F	84	58	58kg	TOTAL	43					
W80	F	84	63	63kg	SNATCH	20					
W80	F	84	63	63kg	CLEANJERK	24					
W80	F	84	63	63kg	TOTAL	44					
W80	F	84	69	69kg	SNATCH	21					
W80	F	84	69	69kg	CLEANJERK	26					
W80	F	84	69	69kg	TOTAL	47					
W80	F	84	77	77kg	SNATCH	22					
W80	F	84	77	77kg	CLEANJERK	27					
W80	F	84	77	77kg	TOTAL	49					
W80	F	84	86	86kg	SNATCH	25	Brenda Fergusson	BC	2023-03-04	Vancouver, BC	BC Masters Provincials
W80	F	84	86	86kg	CLEANJERK	31	Brenda Fergusson	BC	2023-03-04	Vancouver, BC	BC Masters Provincials
W80	F	84	86	86kg	TOTAL	56	Brenda Fergusson	BC	2023-03-04	Vancouver, BC	BC Masters Provincials

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W80	F	84	200	86+kg	SNATCH	24					
W80	F	84	200	86+kg	CLEANJERK	30					
W80	F	84	200	86+kg	TOTAL	54					
W85	F	89	48	48kg	SNATCH	20					
W85	F	89	48	48kg	CLEANJERK	20					
W85	F	89	48	48kg	TOTAL	40					
W85	F	89	53	53kg	SNATCH	20					
W85	F	89	53	53kg	CLEANJERK	20					
W85	F	89	53	53kg	TOTAL	40					
W85	F	89	58	58kg	SNATCH	20					
W85	F	89	58	58kg	CLEANJERK	20					
W85	F	89	58	58kg	TOTAL	40					
W85	F	89	63	63kg	SNATCH	20					
W85	F	89	63	63kg	CLEANJERK	20					
W85	F	89	63	63kg	TOTAL	40					
W85	F	89	69	69kg	SNATCH	20					
W85	F	89	69	69kg	CLEANJERK	20					
W85	F	89	69	69kg	TOTAL	40					
W85	F	89	77	77kg	SNATCH	20					
W85	F	89	77	77kg	CLEANJERK	20					
W85	F	89	77	77kg	TOTAL	40					
W85	F	89	86	86kg	SNATCH	20					
W85	F	89	86	86kg	CLEANJERK	21					
W85	F	89	86	86kg	TOTAL	41					
W85	F	89	200	86+kg	SNATCH	20					
W85	F	89	200	86+kg	CLEANJERK	22					
W85	F	89	200	86+kg	TOTAL	42					
W90	F	94	48	48kg	SNATCH						
W90	F	94	48	48kg	CLEANJERK						
W90	F	94	48	48kg	TOTAL						
W90	F	94	53	53kg	SNATCH						
W90	F	94	53	53kg	CLEANJERK						
W90	F	94	53	53kg	TOTAL						
W90	F	94	58	58kg	SNATCH						
W90	F	94	58	58kg	CLEANJERK						
W90	F	94	58	58kg	TOTAL						
W90	F	94	63	63kg	SNATCH						
W90	F	94	63	63kg	CLEANJERK						
W90	F	94	63	63kg	TOTAL						
W90	F	94	69	69kg	SNATCH						
W90	F	94	69	69kg	CLEANJERK						
W90	F	94	69	69kg	TOTAL						
W90	F	94	77	77kg	SNATCH						
W90	F	94	77	77kg	CLEANJERK						
W90	F	94	77	77kg	TOTAL						
W90	F	94	86	86kg	SNATCH						
W90	F	94	86	86kg	CLEANJERK						
W90	F	94	86	86kg	TOTAL						

AgeGroup	Gender	ageCat	bwcat	WeightClass	Lift	Record	Name	Province	Date	Place	Event
W90	F	94	200	86+kg	SNATCH						
W90	F	94	200	86+kg	CLEANJERK						
W90	F	94	200	86+kg	TOTAL						
W95	F	99	48	48kg	SNATCH						
W95	F	99	48	48kg	CLEANJERK						
W95	F	99	48	48kg	TOTAL						
W95	F	99	53	53kg	SNATCH						
W95	F	99	53	53kg	CLEANJERK						
W95	F	99	53	53kg	TOTAL						
W95	F	99	58	58kg	SNATCH						
W95	F	99	58	58kg	CLEANJERK						
W95	F	99	58	58kg	TOTAL						
W95	F	99	63	63kg	SNATCH						
W95	F	99	63	63kg	CLEANJERK						
W95	F	99	63	63kg	TOTAL						
W95	F	99	69	69kg	SNATCH						
W95	F	99	69	69kg	CLEANJERK						
W95	F	99	69	69kg	TOTAL						
W95	F	99	77	77kg	SNATCH						
W95	F	99	77	77kg	CLEANJERK						
W95	F	99	77	77kg	TOTAL						
W95	F	99	86	86kg	SNATCH						
W95	F	99	86	86kg	CLEANJERK						
W95	F	99	86	86kg	TOTAL						
W95	F	99	200	86+kg	SNATCH						
W95	F	99	200	86+kg	CLEANJERK						
W95	F	99	200	86+kg	TOTAL						