

WCHM President's February 2026 Update

Board Positions are all up for election/re-election in June 2026. Application forms are on the WCHM Website

Elections will be conducted electronically and more information will be sent to registered 2026 members.

Applications can be sent to the Nominating and Elections Committee Chair Judy Quinn – See Website contact page.

[GO.Board-Member-Candidate-Application-Form.2025.EN .pdf](#)

[GO.Board-Member-Candidate-Application.Executive-Position-Form.2025.EN .pdf](#)

2026 IMWA World Masters Weightlifting Championship / Pan Am Masters Championships

To date, 31 women (26 paid) and 26 men (23 paid) have received approval to participate in the WMC. Each potential participant receives Doping Control Information, the Provisional Schedule, travel requirements, and World Masters Coach Honoraria information. After payment to WCHM is made, the applicant then receives the required ACCESS CODE needed to register and any additional information from the IMWA. For the PAMC, 5 women and 6 men have received approvals to participate.

WCHM Membership Discount for Technical Officials

Preamble:

WCHM encourages its members to become actively involved as Technical Officials. WCHM will reimburse a portion of a member's annual membership fee if that member advances in their Technical Official level. A member can apply for this partial reimbursement of the annual fee by contacting the WCHM President with supporting documentation from the Provincial Weightlifting Association President. The reimbursement is 50% of the annual membership fee for a member who has advanced to National Technical Official and 25% for members who have become Provincial Level Technical Officials. Reimbursements are only provided for the WCHM membership year in which the members have advanced their Technical Official level and only provided once. The WCHM Membership Discount for Technical Officials began in 2025 and must be annually approved by the WCHM Board.

Motion: To approve the "WCHM Membership Discount for Technical Officials" for 2026.

Approved: 2026-02 17

Two-month Record Application Deadline

WCHM President Mark Gomes

2024 04 22

In 2021, under the recommendation of the Records Secretary and under the advisement of the WCHM Advisory Committee, the Board approved a procedure in which members must apply within a full two-month period for their Record Application to be considered. This will provide sufficient time for the Records Secretary to verify a member's data and not add to the Secretary's workload with subsequent, on-time, applications. During this two month period, other member's may apply for the same Record. When this occurs, the earlier qualifying competition prevails. After the two-month duration has elapsed, Record applications made on time will prevail; applications made after the full two-month period will not be reviewed.

Although Provincial Masters Weightlifting Records are awarded automatically by the Provincial Weightlifting Association immediately following their qualifying competition, WCHM has made its members' applications for Canadian Masters Records to be submitted within two full calendar months following their qualifying competition. This generous time frame has been well received by WCHM members and consistently adhered to by applicants since the inception of this procedure.

In addition to qualifying for a Record by raising it by at least one kilogram in the contested category, an additional criterion is to make that application on time. Applying on time is as important a qualifying criterion as the actual weight lifted or total achieved. Applying on time also indicates that the member is capable of following instructions, maintaining a knowledgeable connection with information provided on the WCHM website and truly values their personal accomplishments by not letting those accomplishments disappear into the annals of time.

Competition host still required for

2027 WCHM Championships

Weightlifting Canada Haltérophilie Masters is inviting an interested club or Provincial Association to submit a letter of interest to the President before the Annual General Meeting of June 18, 2026. The President can be contacted directly at president@wchmasters.org The "Hosting the Canadian Masters Weightlifting Championship" instruction manual is available on request.

To date we have three organizations who have asked for a copy of the manual "Hosting the Canadian Masters Weightlifting Championship." One organization is the Saskatchewan Weightlifting Association and the other two organizations are from Montreal and Sherbrooke, Quebec.

The deadline for the submission of an organization's request to host is due by the end of the 2026 AGM. This year, I will be asking all of the WCHM Provincial Advisors to share their choice with our Board, who will then decide on the host for 2027.

Weightlifting Canada Haltérophilie suspended from the Canadian Safe Sport Program

This information was emailed to current WCHM members.

The recent suspension of Weightlifting Canada Haltérophilie from the Canadian Safe Sport Program (CSS) is a significant setback for WCH. This suspension is due to a failure to cooperate with Sport Integrity Canada, SIC (formerly called the Canadian Centre for Ethics in Sport, the CCES) which includes not providing timely or accurate information as requested. The suspension is effective from February 26, 2026, and affects all individuals previously identified as CSSP participants by WCH. This suspension terminates when WCH fulfills its outstanding obligations to Sports Integrity Canada.

WCHM no longer contracts out Doping Control to the CCES and five years ago severed ties with that organization. The CCES, at that time, refused to conduct doping control at our national championships until WCHM adopted their Canadian Antidoping Program (approximately \$10,000 annually), purchased the CCES Anti-doping Education Program (approximately \$3,000 annually), would not provide WCHM members with TUEs (Therapeutic Use Exemptions) and would invoice WCHM over \$3,000 for each AAF (Adverse Analytical Finding) athlete's Medical Review. This came as a shock to WCHM since it was the CCES that collaborated with WCHM in developing our anti-doping policy and provided exceptional doping control at our Nationals.

Our Doping Control is currently contracted out to Drug Free Sports International (DFSI) with testing done at a USA WADA approved laboratory and under WADA testing requirements. WCHM adheres to its own Anti-Doping Policy and Code of Conduct.

WCHM members participating at the Canadian Masters Weightlifting Championships and International Masters Weightlifting Championships are not affected by this situation between WCH and SIC. Some WCHM members competing at the Provincial level are advised to be attentive to communications from their respective Provincial Weightlifting Associations, particularly if doping control is affected by the WCH suspension.

[Weightlifting Canada Haltérophilie Suspended from Canadian Safe Sport Program | Sport Integrity Canada](#)