



Information regarding Doping Control at IMWA Sanctioned Events

1. IMWA will conduct doping control at every international competition.
2. IMWA doping control will follow WADA protocols.
3. It is strongly recommended that you bring a list of all supplements and medications that you are currently taking. This information will be needed if you are selected for doping control.
4. If you are taking any medications (prescribed or over the counter), you need to ensure that it does not contain any substance(s) that are on the WADA Prohibited List. You can check medications through GlobalDRO, available at this link: <https://www.globaldro.com/CA/search>.
5. **If you are taking supplements or natural health products**, you will NOT find these in GlobalDRO because they are not regulated as drugs. Note that athletes have a personal responsibility to evaluate the risks associated with the consumption of supplements before using them, and are responsible for any prohibited substance found in their sample.
6. **IMPORTANT: If you have a medical condition that requires medication containing substances(s) that are on the WADA Prohibited List**, you need to
 - Contact the IMWA Anti-Doping imwla.antidoping@gmail.com stating that “Canada’s National Doping Organization (CCES), does not approve TUEs for WCHM athletes.” Request the IMWA to provide further instructions. Send a copy of this letter to the WCHM National Chair. (president@wchmasters.org)
The IMWA Anti-Doping Panel will expect these applications no later than 30 days before the competition.
7. If you wish to learn more about the doping control process and your rights and responsibilities, please review Lesson 5: Doping Control Process of the WCHM Anti-Doping Education course OR the CCES Education Course.
8. Examine the IMWA Antidoping Presentation and Education
[Anti-doping | International Masters Weightlifting Association \(imwla.com\)](http://imwla.com)
9. Please contact our Director of Doping Education, if you require more information.